**Amara**

**Application Form for 200 hour Yoga Teacher Training**

**APPLICATION INSTRUCTIONS**

To process your application, please send your complete application and deposit no later than 2 weeks prior to the program start date. However, enrollment is limited, so we recommend that you submit your application no later than the early registration deadline.

We may accept last minute applications, space permitting.

Be sure to complete the following documents when submitting your application:

200-hour Teacher Training program application requirements:

Primary Application

Payment Information & Program Participation Agreement

To reserve your place in the training, you must submit the complete application along with a minimum $500 deposit. If including a check, please make payable to “Amara Yoga & Arts”. Email us at [info@amarayoga.com](mailto:info@amarayoga.com) . Follow this link to pay the deposit online.

<https://clients.mindbodyonline.com/classic/ws?studioid=5576&stype=43&prodid=2141>

You have three options for submitting your completed application.

1. E-mail your completed application as an attachment to [info@amaryoga.com](mailto:info@amaryoga.com) Please title your subject line “Application for Amara TT”.
2. Mail it to:

Amara Teacher Training

1102 S. Garfield Avenue

Urbana, IL 61801

1. Drop your application and deposit in an envelope at the front desk at Amara Yoga & Arts in Lincoln Square, Urbana. Please write on the top of your envelope Attention: Amara Teacher Training

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This page is a checklist included to help you with the application process and

DOES NOT need to be submitted along with your application.

Thank you!

**Amara**

**Application Form for 200 hour Yoga Teacher Training**

**Primary Application**

Name \* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email \* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address \*\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone (cell) \* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Phone (other) \* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date of Birth \*\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Emergency Contact Name & Phone \*\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*Required

Where you currently practice (home, Amara, another studio, etc.)

Describe your experience with yoga. How long have your practiced, with whom have you studied and for how long, and what style do you usually practice?

Describe your current yoga practice. Is it daily? (Pre-requisites: Minimum of 1 year of consistent yoga practice.) Do you attend classes regularly? Do you have a home practice? Of what does your practice consist?

Describe any injuries, disabilities or illnesses of which we should be aware. How are you addressing these? (Illness, disability or injury will not prevent your acceptance into this program.)

Briefly describe any body/mind, energetic, or spiritual practices with which you are or have been involved (including but not limited to meditation, dance, massage, Reiki, etc?).

Do you practice pranayama and/or meditation?

Are you currently teaching yoga or another discipline (Pilates, martial art, meditation, etc.)? For how many years?

How did you learn about the Amara teacher training program?

Why are you interested in this program? Are you considering others?

Are you interested in teaching yoga or are you considering this training for your own self-exploration?

Please include any additional information you feel is relevant and that you would like us to know about you here.

**Payment Information and Program Participation Agreement**

Extended Weekend Format - $3000 by July 15 - $3250 after July 15

* **Program Fees: Extended format $3,250**
* **Super Early Bird - $2,750 paid in full or payment plan set up and started by June 15th of 9 payments of $250 plus the $500 deposit**
* **Early Bird - $3,000 paid in full or payment plan set up July 15th of 10 payments of $250 plus the $500 deposit and started by July 15**
* **$3,250 after July 15th if space is available**

A **$500 deposit** is due upon enrollment to hold your spot. Full payment is required a week before the start of the program unless a payment plan has been previously arranged. Complimentary classes come with acceptance into the program starting when **full** payment is received, or starting when you set up a payment plan and the first payment is made.

\_\_\_\_I am paying by check. Please mail the check with your application to the appropriate address on the Application Instruction page, payable to Amara Yoga & Arts. Or drop app and payment off at Amara front desk

\_\_\_\_I am paying by credit card. Please follow the link below to pay the deposit of $500 and have your card on file

for payment plans if needed. <https://clients.mindbodyonline.com/classic/ws?studioid=5576&stype=43&prodid=2141>

\_\_\_\_I would like to set up a payment plan

There will be 10 monthly autopayments of $250 beginning July 15.

There will be 9 monthly payments of $277.77 starting August 15 - so the payments end in April when the training ends.

(If you sign up after July 15th the payment plan will start on August 15th and will be 9 payments of $305.55)

*I understand that if I fulfill all the requirements of the Amara Teacher Training, including in-class hours, homework, quizzes and passing all exams, I will receive a certificate of completion, which can be submitted to the Yoga Alliance or a prospective employer as evidence that I have completed a 200-hour Teacher Training program. I understand that paying for the program and completing the hours alone does not mean I will pass the program.*

*I understand that Amara reserves the right to ask me to leave the program if I am found plagiarizing, if my behavior is inappropriate, disruptive, or disrespectful to Instructors or other Trainees, or if my behavior is unethical or violates the Yoga Alliance ethical guidelines. Under such circumstances I understand I will not be refunded my tuition.*

*I understand that I must attend all of the sessions of the training. I understand that if I am unable to attend any part of a session that I will notify the E-RYT in advance and request permission to make up the session via privately scheduled session(s), and that I will pay for the private session(s) at a rate of $130 per hour. (Note: for every 3 hours missed, a 1-hour private session will be required as a make-up.) I understand that there is a* *limit of* ***20 hours*** *to the amount of time I can make up, and that I will not be issued a certificate unless and until all the time has been made up (within the schedule limitations of the teacher training staff), to the satisfaction of the E-RYT.*

*I understand that if I withdraw from the program prior to completion for whatever reason that I may elect to retake the program (in its entirety) at a future date at the rate of 50% of the full tuition rate at the time. Amara does not offer a guarantee of future program times/dates.*

*I understand that if I cancel 14 days or more prior to the start of the training, my nonrefundable deposit will be transferred to my Amara account for use toward classes, workshops or merchandise or for a future teacher training and that I will be refunded my remaining balance. If I cancel within 14 days before the start of the training, I will forfeit my $500 deposit but my remaining balance will be refunded. Note: In the unlikely event that the Amara training is cancelled, Amara will refund you entirely. I understand that once the program begins, tuition is non refundable and non-transferable.*

*I understand that all Amara Teacher Training materials are under copyright protection and cannot be reproduced by me without the permission of the author. Failure to comply may result in legal action.*

*I understand that as a participant in this Teacher Training program, I agree to refrain from soliciting business of any kind from Amara Yoga & Arts clients both during and after the training.*

*I have read and understand and accept the above terms and requirements:          \_\_ Yes   \_\_\_\_ No*

Printed Name of Applicant Signature of Applicant Date